

BIG Group Minutes of Annual General Meeting held 18th May 2022

Date: 18/05/2022

Time: 19.30

Venue: Inchgarth Community Centre

Attendees: List provided upon request. In excess of quorum requirement

1) Apologies:

Rhona Davidson, Liz Breen, Claire Stewart and Maria McRobbie

2) Minutes from previous AGM 2021 meeting:

Minutes agreed. Proposed by Ian Stewart and seconded by Ian Crombie

3) Convenors Report + 5) Update on Support Groups

Our Aims

- To support carers and make it possible for them to meet together and share experiences
- To involve and encourage those with a brain injury
- To reduce social isolation for those with a brain injury, their families and carers
- Promote partnership working among health services, social care, carers and families

What have we done since the last AGM?

- Activity day at Lochter
- Drop – in at Inchgarth weekly activity (suspended mid-December to mid-January in line with Scottish Government COVID guidance)
- Pantomime show 10/12
- Cadonas Christmas party cancelled due to COVID. Hoping to be rescheduled for Christmas 2022
- January Burns supper evening postponed due to COVID.
- Wellbeing Café available the last Wednesday of every month. Attendance low and not picked up after easing of COVID restrictions. Consideration in the coming year of discontinuing due to low attendance and increase in cost.
- Speakers – November 2021 – John Nicoll
February 2022 – Maggie Whyte
March – Jacqueline Lange from Digby Brown
April – Quiz night
Online Quiz – low attendance
April – Chicago at HMT
- Still to come?
May 29th – Lochter Activity day

June 15th Annual Palm Court Dinner
Summer Programme – being set up
July Saturday 16th – Disabled carriage driving
August – Possible Falconry Centre / Possible beachfront sponsored walk
Possible future fundraising race night at the Ashvale
BRAW weekend to be rescheduled

- Also.....
 - BIG exercise class and Physiotherapy Wednesday and Friday sessions at RGU Sport are now finished
 - Continued involvement with Headway through regional and Scottish Development Committee meetings
 - Support Aberdeen, Wellbeing, Inverurie ABI support groups to restart shortly.
 - Elgin group now defunct. Support from Moray Council now withdrawn.
 - Involvement with local and Grampian NHS groups
 - Committee members Carol Innes and Amy Shand have stepped down from the committee.

- Planned for next year?.....
 - Survival of BIG Group
 - Re-establish fundraising
 - Rebuild: Inverurie group, Wellbeing Café
 - Continue building programme and attendance
 - Difficult environment for small charities. Many will fold but we wont!
 - Always will suffer from lack of public awareness of the lifelong / life changing effects of acquired brain injury
 - Fundraising increasingly challenging. We are lucky to have regularly received support from Morningfield Association, Creative Breaks, Bank of Scotland Foundation and the Ingram Family.

6) Julie Warrender

Welcome Julie. Julie is Nurse Manager Specialist for Older Adult Services. Julie is currently doing a PhD focussed on people, and their families, who have had an acquired brain injury and have challenging behaviours.

- Interest – How do families manage directly after discharge from in-patient setting whilst waiting for rehab neuro-psychology
- Focus – family and care givers of people with ABI within the last 5 years. What support / help do you need immediately at point of discharge?
- Please contact Julie who will send out an information sheet then move to interview phase.
- Development of interventions alongside participants
- Hopes > 8 people for interviews
 - Interviews completed by 8 months
 - Gather themes from the interviews
 - Complete the project within 1 year
 - Moving forward to work with partners for development for interventions

4) Treasurers Report

Jimmie Dickie accounts April 2021 to March 2022. Agreed by Ian Crombie and ratified by AGM. Separate note as per Jimmie Dickie's summary. Treasurers closing balance £21,752. Development Account closing balance £32,359.

Awaiting Grant that has been awarded, received last month.

Alistair approved, John seconded.

5) Committee Elections

Co-opted Members

Lisa Gregory – continuing

Hellen Gooday – continuing

ABI Reps

Chris Smith

Paul Breen – period of ill health recently and so unable to be as actively involved time being

John Nicoll – willing to stand. Proposed Ian Crombie, seconded Ian Stewart

Convenor – Ian Crombie, now standing down

Secretary – John Cushnie

Treasurer – Jimmie Dickie

Elections

Interim Convenor – Karen Stewart. Proposed Ian Crombie, seconded Jimmie Dickie

Jimmie and John will both remain in post.

Members Standing down by by rotatio

Alistair MacDonald – Willing to restand – ratified by members present.

Anne Crombie stepping down -due to change in family circumstances and health

Digby Brown – will continue in supporting BIG Group. Victoria Humphreys to join the committee to replace Amy Shand who is stepping down.

Linda MacDonald is willing to stand for committee. Ian Crombie has proposed, seconded by John.

Norma Johnstone was proposed by Ian Crombie and seconded by John MacDonald. She will consider and let us know.

Isobel to continue with ladies carer weekend and ladies meals.

AOCB– Nil

Finished 21:30

